

Parent Communication

(Newsletter, Parent mail, Bag inserts, School noticeboard)

Participation in the Stirling Activity Challenge:

The Simplyhealth Great Stirling Run comes to Stirling on 27th & 28th April and provides an opportunity to inspire children to keep fit and take on a challenge.

The event organisers are working with Active Stirling to stage the Stirling Activity Challenge; a non competitive, cumulative running challenge for children aged 4 - 11.

As a school we have decided to participate in the Stirling Activity Challenge. The challenge will help to develop healthy habits for children to exercise regularly, and it will also be lots of fun.

The challenge is simple: children complete the Half Marathon (13.1 miles) or Marathon (26.2 miles) course, 1 mile at a time. Every time a mile is completed participants colour in a mile on their tracker until they reach the finish line!

Everyone who completes the challenge will receive a certificate. Children who also take part in the Simplyhealth Great Stirling Family Run (ages 3-8) or Maukit Run (ages 9-15) on Saturday 27th April, will receive an additional prize for their efforts.

If you would like to find out more information about the challenge, you can visit the Stirling Activity Challenge website here: [**greatrun.org/kidschallenge**](https://greatrun.org/kidschallenge)

And there is still time for you to get involved too, with the Simplyhealth Great Stirling Run Half Marathon still open for entries. Find out more and enter online at [**www.greatrun.org**](https://www.greatrun.org)