



**GREAT
NORTH
SWIM**
WINDERMERE

SWIMFEST 2025



Friday

SwimFest Stage

13:00 - Go Wild

Introduction to all the activities taking place throughout the day, including archery, axe throwing and mini golf... There's a £100 prize up for grabs!

13:30 - Quiz with commentator

Zara Janjua

Win a free swim entry in 2026!

14:30 - Great Swim

Introduction to our Event Village with Zara Janjua

15:00 - Waggiest Tail competition

Paw-some prizes to be won 🐾

17:00 - Arla

Spin it to win it

Saturday

SwimFest Stage

10:00 - Great Swim

Introduction to our Event Village with Zara Janjua

10:30 - Waggiest Tail competition

Paw-some prizes to be won 🐾

11:00 - Arla

Spin it to win it

12:00 - Renee McGregor

Renee is a leading Sports Dietitian, with over 25 years of experience working in clinical and performance nutrition.

She has managed sport science teams leading into the Rio 2016 and provided team management on numerous occasions at major championships in a variety of sports.

13:00 - Off The Beaten Chat Podcast, Luke and Robin

Luke and Robin are two friends, ultra runners and lovers of the outdoors, from the Lake District. In their podcast they explore what it means to live well in a world that's always sprinting. With roots in business, performance and the outdoors, they aim to speak honestly about balancing ambition with presence, capitalism and freedom by infusing adventure into your everyday life. In their own words, "we're not here to escape the system - we're here to reshape it with purpose, play, and genuine conversation".

14:00 - Great Swim

Introduction to our Event Village with Zara Janjua

Saturday

SwimFest Stage

14:30 - Lake District Foundation

The Lake District Foundation is the official charity of the Lake District. They fund, collaborate on, and inspire change around issues that matter to the region. Their team will be discussing the work they're doing to preserve the environment and sharing examples of grassroots projects they support for immediate local impact.

15:00 - Q&A with Vassos Alexander (interviewed by Chris Thompson)

Vassos Alexander, one of the UK's top sports presenters and co-host of Virgin Radio's Chris Evans Breakfast Show, is a seasoned endurance runner now training for another solo Channel swim.

16:15 – Q&Q with Chris Thompson

Chris Thompson is one of Britain's most accomplished long-distance runners. With a career spanning over two decades, Thommo has represented Great Britain on the world stage, earning European Championship medals and dazzling crowds with his grit, speed, and passion for the sport. Whether it's the track, road, or marathon, he continues to inspire with every stride.

16:30 - Quiz with commentator Zara Janjua

Win a free swim entry in 2026!

Sunday

SwimFest Stage

09:30 - Great Swim

Introduction to our Event Village with
Gemma Care

10:00 - Waggiest Tail competition

Paw-some prizes to be won 🐾🐾

10:30 - Father's Day

11:00 - Arla

Spin it to win it

11:30 - Quiz with commentator

Gemma Care

Win a free swim entry in 2026!