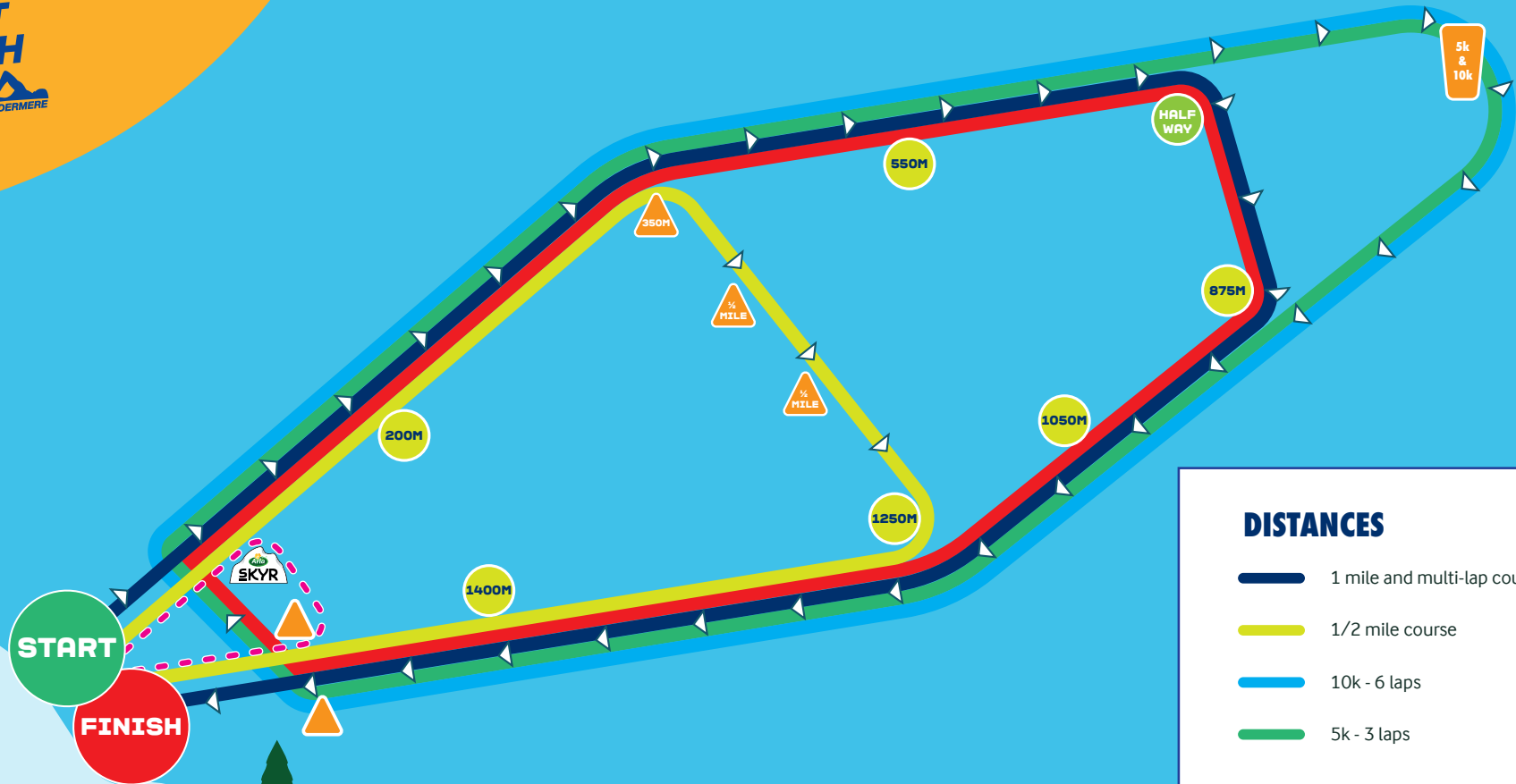




GREAT NORTH SWIM
WINDERMERE



DISTANCES

-  1 mile and multi-lap course
-  1/2 mile course
-  10k - 6 laps
-  5k - 3 laps
-  2 mile - 2 laps
-  250 Course