

# ENDURANCE COURSE MAP

PROVISIONAL ROUTE - SUBJECT TO CHANGE UNTIL DAY OF THE EVENT



## KEY

- S1 SWIM 1 (1170M)
- R1 RUN 1 (5.7KM)
- S2 SWIM 2 (330M)
- R2 RUN 2 (11.1KM)
- S3 SWIM 3 (450M)
- R3 RUN 3 (8.8KM)
- S4 SWIM 4 (270M)
- R4 RUN 4 (1.31KM)
- S5 SWIM 5 (450M)
- R5 RUN 5 (5.56KM)
- S6 SWIM 6 (630M)
- R6 RUN 6 (2.3KM)
- S7 SWIM 7 (760M)

TOTAL SWIM	4060M
TOTAL RUN	34.77KM
TOTAL DISTANCE	38.83KM



