

LITTLE STAR ADVENT TRACKER

GREAT RUN
SOLO

The challenge is to complete our Active Advent Calendar between 1 & 25 December.

There are 10 tasks – complete all of the tasks and tick off or colour in the star for each task to finish the challenge!

1 




Make a running Christmas decoration

2 



Run in a festive outfit (Santa's hat, Elf ears, Rudolph antlers etc, all count!)

3 

Do 20 Star Jumps

4 



Sing a whole Christmas song out loud as you run

5 



Jingle all the way... add Christmas decorations to your trainers

6 

Touch your (mistle)toes 20 times

7 



Run and find a decorated Christmas tree on your street

8 

Do 20 Jumping Jacks

9 



Find a Christmas song with the word "Run" in it, and sing it

10 

Draw your running route

Then go out and run it