



# Can your dog take part?

Only bring your dog if it is sociable and content around other dogs and humans.

If your dog becomes overly stressed or excited to the point that it is causing distress to itself or others then please stop and take your dog to a safe place where it can calm down.

If your dog does not want to take part then please respect that.

Make sure your dog is in good health and can run the distance. You know your dog better than anyone, but please consider its breed, general health, age and temperament.

Dogs must be at least one year old.

Please ensure your dog is up to date with their vaccines and parasite control. If in doubt, ask your local vet.

If your dog has a disability please seek advice from your vet as to whether you should take part. If your vet is happy for you and your dog to take part, that is fine with us. Please be mindful that participants enter at their own risk.

There will be no-dog zones on the event site – please respect this.



### Food & fuel

We advise that dogs do not eat their morning meal two hours before the event but are given food afterwards.

We will be providing water for your dog at the start and finish line. You can bring your own water and portable drinking bowl if you prefer.



## Pick up the poo

Please bring poo bags with you on the day, pick up after your dog immediately and carry it with you until you find the nearest waste bin. There will be a zero tolerance policy and anybody seen not picking up after their dog will be asked to leave the site.



#### Things to remember

Please ensure you have an up to date tag on your dog's collar.

Please do not use flexi or extendable leads as these can tangle.

We do not recommend using any muzzle that restricts the dog's ability to breathe freely or pant. Baskerville style muzzles are permitted.



### In case of an injury

There will be a medical tent on site with qualified vets available to all dogs, but please make sure that you have your vet's details with you in case