



EVENT DAY TIMETABLE

- 09:00 Simplyhealth Great Manchester Run Half Marathon wave 1
- 09:10 Simplyhealth Great Manchester Run Half Marathon wave 2

- 09:50 Simplyhealth Junior Great Manchester Run Boys (12-15)
- 09:52 Simplyhealth Junior Great Manchester Run Girls (12-15)

- 09:54 Simplyhealth Junior Great Manchester Run Boys (9-11)
- 09:56 Simplyhealth Junior Great Manchester Run Girls (9-11)

- 10:50 Simplyhealth Mini Great Manchester Run (wave 1)
- 10:52 Simplyhealth Mini Great Manchester Run (wave 2)

- 12:30 Simplyhealth Great Manchester Run 10k Elite Wheelchair

- 12:45 Simplyhealth Great Manchester Run 10k Elite Women

- 13:07 Simplyhealth Great Manchester Run 10k Elite Men & and Orange Wave
- 13:25 Simplyhealth Great Manchester Run 10k White Wave
- 13:55 Simplyhealth Great Manchester Run 10k Purple Wave (Uni of Manchester)
- 14:00 Simplyhealth Great Manchester Run 10k Blue Wave
- 14:40 Simplyhealth Great Manchester Run 10k Green Wave
- 15:00 Simplyhealth Great Manchester Run 10k Pink Wave

**NB. times may change in the lead-up to the event*