



Dawn Nisbet

Inspirational runner Dawn is taking on her first ever half marathon. Dawn has gone on to become an inspirational figure in the running community.

She will champion a group of runners, who will support each other through either the 10K or the half marathon.



Martin Hibbert

Martin was paralysed from the waist down after the Manchester Arena attack. His injuries were described as the equivalent of 'being shot 22 times at point blank range' after being stood 10 metres away from the detonation.

He will take part in the 10k in a racing wheelchair with former Paralympian Richie Powell. He is focussed on setting up the Martin Hibbert Charity Foundation to raise £1 million.



NHS Blue Wave

300 Staff participating in Team MFT (Manchester Foundation Trust) will run together in a bespoke NHS blue wave.



Pankhurst Trust

100 women will run shoulder to shoulder in suffragette sashes at the 10K to celebrate the centenary of women winning the right to vote.

The suffragette supporters are raising money for the Pankhurst Trust, which is based at the home of Emmeline



University Partnerships

Return of the 3000+ University runners from University of Manchester and Manchester Metropolitan University.



Family Challenge Runners

Two families from Greater Manchester were chosen for the event's Family Challenge, launched to set families the goal of improving their health and wellbeing in 2018.

They've been involved in expert sessions and advice, including a surprise meeting with Sir Mo Farah.



Freya Lewis

15-year-old Freya was left seriously injured in the Manchester Arena attack last May. She suffered fractures, lacerations and burns after being hit by shrapnel.

Freya underwent multiple operations, with one lasting more than 10 hours. She was treated at the Royal Manchester Children's Hospital for over five weeks.

She is the honorary starter of the Simplyhealth Junior and Mini Great Manchester Run and will take part in the Junior event.



Katie Holmes

12-year-old Katie Holmes has cerebral palsy but will take on the Junior Run with the use of her walking frame. The condition is life-long and affects her movement and co-ordination.

She has undergone major surgery to help her in her aim to be able to walk independently, but still relies on the use of a frame and chair for long distances.



Ella Chadwick

10-year-old Ella will take on the Mini Run with a group of school friends as Team Ella to mark the end of her 10k for 10 years challenge for Royal Manchester Children's Hospital Charity.

Ella survived 40 operations after she was born with Congenital Nephrotic Syndrome, a rare illness, which causes kidney failure and struggles to walk long distances.