

**Start** Start area

**Finish** Finish area

 1 mile and multi-lap course

 1/2 mile course

 10k (2nd-6th laps)

 **Crossing Zone:**  
Start of 2nd lap, 2 mile course

 **Crossing Zone:**  
Start of 2nd & 3rd lap, 5k course

 250m Course



Distance markers

**Finish**

**Start**



GREAT NORTH SWIM - WINDERMERE  
COURSE MAP