



## EVENT DAY TIMETABLE

SUNDAY 23 APRIL 2017

08:30	Baggage, toilets, catering concessions & information point open to general public
09:00	Briefing from Jennifer Tomlin and Introduction to Simplyhealth PR team
09:00	5 mile start assembly area opens
09:20	5 mile warm-up starts
<b>09:30</b>	<b>START of Simplyhealth Great Edinburgh Run 5 mile</b>
09:35	10 mile start assembly area opens
09:54	<i>First 5 mile finisher expected across the line.</i>
10:05	10 mile warm-up starts
<b>10:10</b>	<b>START of Simplyhealth Great Edinburgh Run 10 mile (orange wave)</b>
10:16	START of Simplyhealth Great Edinburgh Run 10 mile (white wave)
10:22	START of Simplyhealth Great Edinburgh Run 10 mile (pink wave)
11:00	<i>First 10 mile finisher expected across the line.</i>
13:20	Toddler Dash warm-up starts
<b>13:25</b>	<b>START of Simplyhealth Great Edinburgh Toddler Dash</b>
13.45	Family Run warm-up starts
<b>13:50</b>	<b>START of Simplyhealth Great Edinburgh Family Run</b>

*\*NB. All times are subject to change in the lead up to the event*