

SIMPLYHEALTH GREAT NORTH 5K & SIMPLYHEALTH JUNIOR & MINI GREAT NORTH RUN TIMETABLE

- 08:40 **Simplyhealth Mini Great North Run** - Purple start
- 09:20 **Simplyhealth Mini Great North Run** - Blue start
- 09:30 **Great North Pasta Party opens** (Mill Road car park)
- 10:00 **Simplyhealth Mini Great North Run** - Pink start
- 10:05 **Simplyhealth Mini Great North Run** - Purple and Blue presentations
- 10:40 **Simplyhealth Mini Great North Run** - Orange start
- 11:20 **Simplyhealth Mini Great North Run** - Green start
- 11:25 **Simplyhealth Mini Great North Run** - Pink and Orange presentations
- 11:55 **Simplyhealth Mini Great North Run** - Red start
- 12:15 **Start of Junior and Mini Great North** - Wheelchair Event
- 12:45 **Simplyhealth Mini Great North Run** - Green, Red & wheelchair presentations

13:15 – 15:45 **Great North CityGames**

- 15:09 **Simplyhealth Junior Great North Run** - Boys 15 -16 years | Red start
- 15:13 **Simplyhealth Junior Great North Run** - Girls 15 -16 years | Red start
- 15:19 **Simplyhealth Junior Great North Run** - Boys 13 - 14 years | Blue start
- 15:24 **Simplyhealth Junior Great North Run** - Girls 13 - 14 years | Blue start
- 15:50 **Simplyhealth Junior Great North Run** - Girls 11-12 years | Green start
- 15:55 **Simplyhealth Junior Great North Run** - Girls 9-10 years | Orange start
- 16:00 **Simplyhealth Junior Great North Run** - Red and Blue presentations
- 16:25 **Simplyhealth Junior Great North Run** - Boys 11-12 years | Green start
- 16:30 **Simplyhealth Junior Great North Run** - Boys 9-10 years | Orange start
- 16:50 **Simplyhealth Junior Great North Run** - Green and Orange presentations

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- 17:10 **Simplyhealth Great North 5k** - Red start
- 17:15 **Simplyhealth Great North 5k** - White start
- 17:20 **Simplyhealth Great North 5k** - Green & This Girl Can start
- 17:50 **Simplyhealth Great North 5k** - presentations

