

SIMPLYHEALTH GREAT NORTH 5K & SIMPLYHEALTH JUNIOR & MINI GREAT NORTH RUN

About the events

The Simplyhealth Junior and Mini Great North Run – the UK’s biggest children’s running event – will kick off a great weekend of sport in the North East.

Over 8,500 children will be their greatest and take to the NewcastleGateshead Quayside across the day.

The junior and mini events are followed by the Simplyhealth Great North 5k. Inspirational marathon runner Kathrine Switzer will officially start the 5k before taking part herself with 1,000 others. She has become a symbol in running of female empowerment and social change after becoming the first woman to run the Boston Marathon as a numbered entry.

This year the event has teamed up with the This Girl Can campaign, offering a separate wave for anyone who has been inspired by the campaign and wants to celebrate women getting active.

Media facilities

Your media pass will gain you access to the start and finish areas, located on the Newcastle Quayside, between the Tyne and Millennium Bridges. Interviews will be available.

Social media

#GreatNorth5k

#GreatNorthRun



@great_run



facebook.com/GreatNorthRunGNR



@great_run

