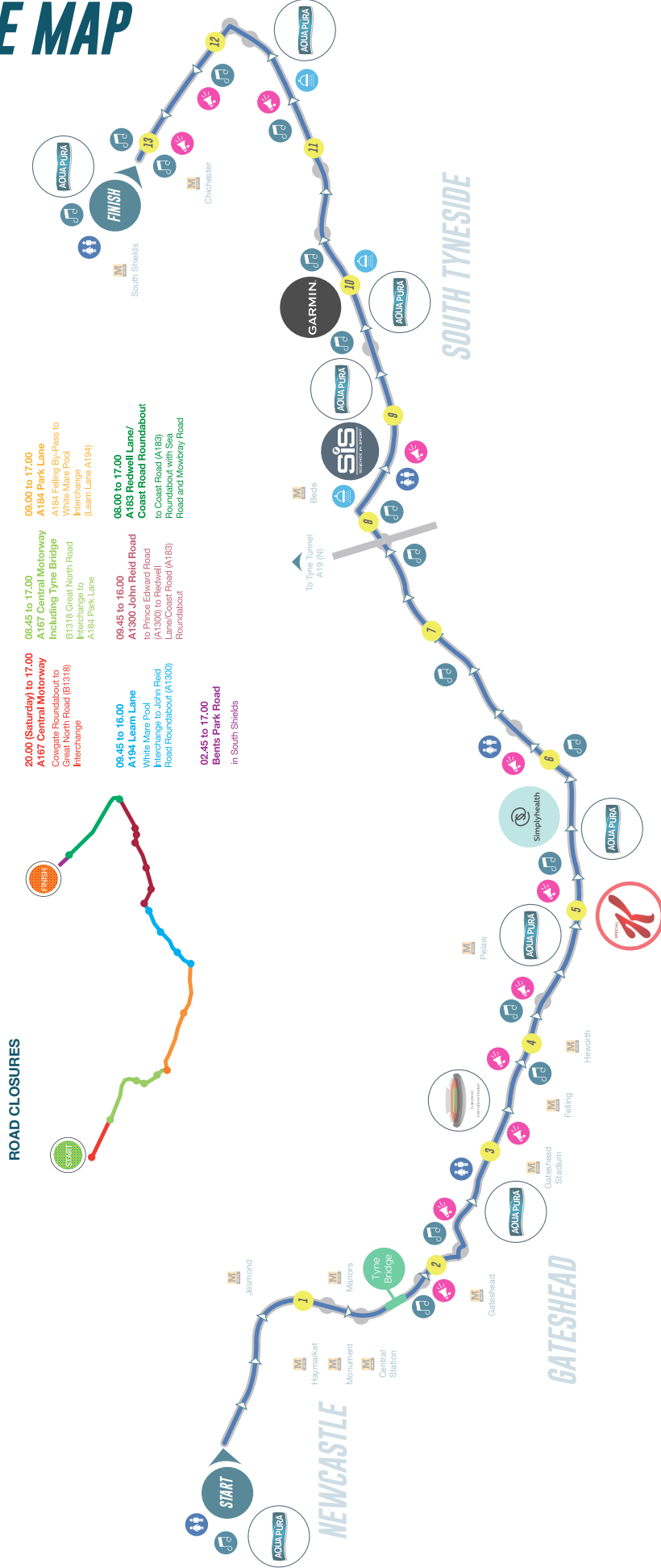


SIMPLYHEALTH GREAT NORTH RUN COURSE MAP



| Key | |
|-----|---------------------------|
| | Mile Marker |
| | Bands On The Run |
| | Toilets |
| | Simplyhealth Support Zone |
| | Garmin ForeRunner Zone |
| | Shower Units |
| | The Special K |
| | SIS Gel Station |
| | Aqua Pura Water Stations |