



EVENT DAY TIMETABLE

0900	Information & baggage open in Kelvingrove Park
1040	Start assembly area open to all waves
1052	Mass warm up starts for 10k runners (6 mins)
1100	White Wave start
11.06	White wave clear of start
1110	10k Green Wave Start
11.16	Green wave clear of start
1120	10k Pink Wave Start
11.26	Pink wave clear of start
<i>1128</i>	<i>First 10k finisher expected</i>
1200	Presentations
<i>1327</i>	<i>Last 10k finisher expected</i>
1430	Event site closed