

## **EDITOR'S NOTES**

### **The Great Run Company**

The Great Run Series is the world's favourite run with over 230,000 participants a year taking part. The events programme stretches across the UK from Aberdeen to Portsmouth offering a full range of distances from 5k through to the half marathon. A full range of online training services are available from Great Run Training. Great Run Local is a series of weekly events staged in our key cities. All designed to provide the support and advice for participants of all abilities to achieve their personal goal.

To find out more about the events and services provided by Great Run and its partners visit [www.greatrun.org](http://www.greatrun.org).

Great Run, the world's favourite run.

### **Simplyhealth**

Simplyhealth is the UK's leading provider of everyday health cash plans, dental payment and pet health plans. Since 1872 – long before the existence of the NHS – Simplyhealth has been helping people make the most of life, by managing their everyday health needs. We strongly believe that movement and activity is the cornerstone to better health; [www.millionsmoving.co.uk](http://www.millionsmoving.co.uk) is a great resource for those who are looking for inspiration, and is at the core of our campaign to get #millionsmoving.

Helping people make the most of life is our sole purpose and giving back is a huge part of that. As a result of our success, in 2016 we were able to donate £1.6m to our charitable causes, supporting over 20 different charities including Revitalise, Music in Hospitals, Brainwave Centre, British Lung Foundation and Rainbow Trust. Our future success and performance will enable us to deliver our ongoing pledge to donate 10% of our pre-tax profits to charity every year, supporting health-related causes that help people with everyday health conditions to make the most of life.

Simplyhealth is a trading name of Simplyhealth Access, which is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority.

For further information on Simplyhealth please visit [www.simplyhealth.co.uk](http://www.simplyhealth.co.uk)

### **Revitalise**

Revitalise is the Great Run Series' nominated charity for 2017, and provides holiday-style breaks with care for disabled people and their carers. More details available from [www.revitalise.org.uk](http://www.revitalise.org.uk)