

# WEEKEND ACTIVITIES

## ON THE DAY

The Great East Swim is a fun day out for the whole family, with entertainment for swimmers and spectators of all ages.

## Charities and stalls:

- Suffolk Sport
- Suffolk Norse
- Great Swim Merchandise
- Macmillan Cancer Support
- Blossom
- Royal Lifesaving Society UK
- Aqua Sphere
- The Tristore
- The Selkie Swim Company
- Swim Secure
- Allied Health Professionals (massage)

- Inspire Suffolk
- Swimzi
- Clif Bar

## Entertainment:

- Endeavour Singers (10:00 & 12:00)
- Ipswich Hospital Community Choir (11:00 & 13:00)

## SUFFOLK MARKET EVENTS

You will also be able to enjoy a wide selection of stalls at the popular farmer's market:

- Colne Valley Tea
- Samphire
- The Melt Truck
- Moriarty's
- Yum Yum Tree Fudge
- Proper Cake
- Siam Rice Box
- Scoff and Nosh
- Wildthings Woodcraft
- Men's Indian Banquet
- White's Catering
- Souvlaki Shack
- Flying Chef
- Food by Lizzi
- Papa Paulo's Coffee Shop
- Nuoi Foods
- Lily's Wonderland
- Glorious Fodder
- Hadley's Ice Cream
- Essex Bakery
- Hay Hay

