



ROAD CLOSURE TIMES

Sunday 13 September 2015

20.00 (Saturday) to 17.00
A167 Central Motorway
Cowgate Roundabout to
Great North Road (B1318)
Interchange

08.45 to 17.00
A167 Central Motorway
Including Tyne Bridge
B1318 Great North Road
Interchange to
A184 Park Lane

09.00 to 17.00
A184 Park Lane
A184 Felling By-Pass to
White Mare Pool
Interchange
(Leam Lane A194)

09.45 to 16.00
A194 Leam Lane
White Mare Pool
Interchange to John Reid
Road Roundabout (A1300)

09.45 to 16.00
A1300 John Reid Road
to Prince Edward Road
(A1300) to Redwell
Lane/Coast Road (A183)
Roundabout

09.00 to 17.00
A183 Redwell Lane/
Coast Road Roundabout
to Coast Road (A183)
Roundabout with Sea
Road and Mowbray Road

02.45 to 17.00
Bents Park Road
in South Shields



START TIMES 10:10 Elite Wheelchairs 10:15 Elite Women 10:40 Morrisons Great North Run 13:15 Red Arrows Display

2015 COURSE INFORMATION

*times correct at time of print and are subject to change



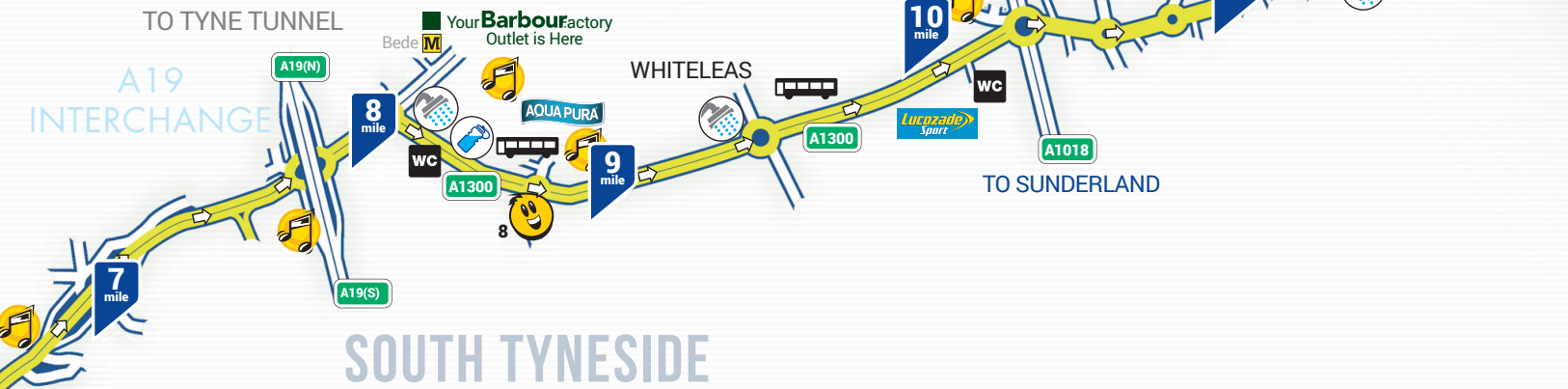
CHARITY CHEERING POINTS

1. Macmillan Cancer Support
2. Cancer Research UK
3. Alzheimer's Society
4. MS Society
5. Leukaemia & Lymphoma Research
6. Oxfam
7. Guide Dogs
8. British Heart Foundation
9. The Stroke Association
10. Mind
11. NSPCC
12. Cancer Research UK

MAP KEY

1	Distance Markers	WC	Toilets
	AQUA PURA Drinks Station		Bands On The Run
	Lucozade Sport		Cheering Point
	Shower Units		Photo Point
	Runners Welfare Pick-Up Point		Metro Stations
	Medical Point		Medical Point

There are 21 Medical Points
evenly distributed along the course.
Look out for this symbol on the day



COURSE ELEVATION PROFILE

