

Pos.	Bib	Time	Name	Team	Club
1	163	27:13	Daniel Cliffe	North of E	Liverpool H & AC
2	101	27:16	Murray Strain	East	Hunters Bog T.
3	162	27:34	Carl Hardman	North of E	Salford H & AC
4	139	27:38	Tewolde Mengisteab	West	Shettleston H
5	166	27:40	Alex O'Gorman	North of E	Stockport H & AC
6	113	28:03	Scott McDonald	East	Central AC
7	148	28:13	M Ferguson (U20)	Scot Students	Univ. of Aberdeen
8	104	28:16	Max McNeil	East	Lothian RC
9	158	28:19	Luke Traynor	Scot Students	Glasgow Caledonian
10	156	28:19	Ryan Thomson (U20)	Scot Students	Univ of Strathclyde
11	137	28:20	Iain MacCorquodale	West	Ronhill Cambuslang
12	138	28:25	Alasdair McLeod	West	Shettleston H
13	165	28:26	Peter Matthews	North of E	Blackburn H & AC
14	167	28:27	Cameron Field (U20)	North of E	Liverpool H & AC
15	164	28:30	Daniel Haymes (U20)	North of E	Derby AC
16	110	28:32	Dale Colley (U20)	East	Central AC
17	116	28:37	John Newsom	North	Inverness Harriers
18	155	28:43	Aidan Thompson (U20)	Scot Students	Univ of Stirling
19	105	28:43	Patryk Gierjatowicz	East	Hunters Bog T.
20	151	28:47	Kyle McLellan	Scot Students	Univ of Edinburgh
21	114	28:48	Jonathan Henderson	East	Hunters Bog T.
22	142	28:49	Craig Ruddy	West	Inverclyde AC
23	144	28:51	Stephen Trainer	West	Greenock Glenpark
24	106	28:58	Howell Craske	East	Corstorphine AAC
25	109	29:00	Calum McKenzie	East	Corstorphine AAC
26	153	29:01	Cameron Milne	Scot Students	Univ of St Andrews
27	143	29:09	Paul Sorrie	West	Shettleston H
28	147	29:21	Adam Craig (U20)	Scot Students	Edinburgh College
29	117	29:34	Kyle Greig	North	Forres Harriers
30	140	29:36	Thomas Owens	West	Shettleston H
31	141	29:43	Mark Pollard	West	Inverclyde AC
32	133	29:45	Stuart Gibson	West	Ronhill Cambuslang
33	154	29:51	Ben Stevenson	Scot Students	Univ of Edinburgh
34	150	29:55	Conán McCaughey	Scot Students	Univ. of Stirling
35	145	29:58	Luke Foss (U20)	West	Law & District AAC
36	118	29:58	Kenny Wilson	North	Moray RR
37	157	30:00	Alastair Thurlbeck	Scot Students	Univ of Glasgow
38	112	30:00	Darrell Hastie	East	Gala Harriers
39	111	30:02	Andrew Fallas	East	Carnethy HRC
40	119	30:03	Donnie MacDonald	North	Inverness Harriers
41	108	30:22	Bryan Mackie	East	Edinburgh AC
42	107	30:24	Keith Hood	East	Corstorphine AAC
43	120	30:27	Graham Bee	North	Inverness Harriers
44	131	30:29	Andrew Douglas	West	Inverclyde AC
45	126	30:37	Murdo Mackenzie	North	Stornoway RAC
46	122	30:39	William MacRury	North	Stornoway RAC
47	124	30:40	Paul Miller	North	Inverness Harriers
48	136	30:41	Benjamin Hukins	West	Ronhill Cambuslang
49	127	30:47	Craig Campbell (U20)	North	Inverness Harriers
50	152	30:57	Ruaridh Miller (U20)	Scot Students	Univ. of Stirling
51	123	31:30	Sam Hesling	North	Highland Hill R
52	125	31:44	Gareth Jenkins	North	Moray RR
53	130	33:03	Ryan Mackenzie	North	Highland Hill R
54	128	35:42	Craig MacLean (U20)	North	Lochaber AC
55	129	35:49	Mark Taylor (U20)	North	Caithness AAC

Team Result

1 North of E	51
Daniel Cliffe (1), Carl Hardman (3), Alex O'Gorman (5), Peter Matthews (13), Cameron Field (U20) (14) & Daniel Haymes (U20) (15)	
2 East	72
Murray Strain (2), Scott McDonald (6), Max McNeil (8), Dale Colley (U20) (16), Patryk Gierjatowicz (19) & Jonathan Henderson (21)	
3 Scot Students	90
Michael Ferguson (U20) (7), Luke Traynor (9), Ryan Thomson (U20) (10), Aidan Thompson (U20) (18), Kyle McLellan (20) & Cameron Milne (26)	
4 West	99
Tewolde Mengisteab (4), Iain MacCorquodale (11), Alasdair McLeod (12), Craig Ruddy (22), Stephen Trainer (23) & Paul Sorrie (27)	
5 North	210
John Newsom (17), Kyle Greig (29), Kenny Wilson (36), Donnie MacDonald (40), Graham Bee (43) & Murdo Mackenzie (45)	