

Pos.	Bib	Time	Name	Team	Club
1	193	13:52	Jack Patton	West	Kilbarchan AAC
2	153	13:54	David Addison	East	Corstorphine AAC
3	166	14:06	Lucas Cairns	North	Inverness Harriers AAC
4	151	14:10	Ben Sandilands	East	Fife AC
5	187	14:12	Ethan Carolan	West	Giffnock North AAC
6	191	14:15	Lewis Hannigan	West	Kilbarchan AAC
7	188	14:16	James Connelly	West	Garscube Harriers
8	154	14:19	Peter Scott	East	Fife AC
9	156	14:22	Hugh Morrow	East	Edinburgh AC
10	152	14:30	Alastair Marshall	East	Livingston AC
11	181	14:33	Brodie Aitken	West	Cambuslang Harriers
12	165	14:36	Harry Henriksen	East	Lasswade AAC
13	168	14:37	Blair Milne	North	Moray Road Runners
14	162	14:38	Conor Gourley	East	Pitreavie AAC
15	170	14:42	Ben Cameron	North	Forres Harriers
16	183	14:44	John Docherty	West	Clydesdale Harriers
17	159	14:44	Andrew McGill	East	Linlithgow AC
18	194	14:47	Harris Paterson	West	Giffnock North AAC
19	160	14:49	Josh Benton	East	Deeside Runners
20	186	14:51	Gregor Campbell	West	Shettleston Harriers
21	182	14:53	Luke Aitken	West	Garscube Harriers
22	155	14:56	Gregor Collins	East	Gala Harriers
23	167	14:58	Danny McPake	North	Ross County Athletic Club
24	179	14:58	David Morrison	North	Stornoway Running & AC
25	169	14:59	Euan Rollo	North	Inverness Harriers AAC
26	180	15:01	Cameron Welsh	North	East Sutherland AC
27	161	15:07	Samuel Griffin	East	Aberdeen AAC
28	192	15:09	Jacob Luc	West	Giffnock North AAC
29	184	15:09	Michael Black	West	Cambuslang Harriers
30	158	15:10	Lewis Dow	East	Central AC
31	173	15:14	Angus Smith	North	Inverness Harriers AAC
32	195	15:17	Finlay Ross-Davie	West	Garscube Harriers
33	174	15:18	Finlay Rutter	North	Inverness Harriers AAC
34	157	15:19	Fabian Despinoy	East	Edinburgh AC
35	163	15:19	Ben Henderson	East	Perth Strathtay Harriers
36	176	15:22	Alex Ellen	North	Ross County Athletic Club
37	164	15:30	Gaspard Lecrivain	East	Aberdeen AAC
38	190	15:37	Sean Fischer-Keogh	West	Inverclyde AC
39	175	15:39	David Scott	North	Forres Harriers
40	172	15:43	David Spencer	North	Forres Harriers
41	171	15:49	Joshua Milne	North	Moray Road Runners
42	189	15:50	Dylan Elliott	West	Cumbernauld AAC
43	185	15:52	Callum Byrne	West	VP-Glasgow AC
44	178	16:11	Duncan MacDonald	North	Inverness Harriers AAC
45	177	16:12	Ewan Spink	North	Inverness Harriers AAC

Team Result

1 East	45
David Addison (2), Ben Sandilands (4), Peter Scott (8), Hugh Morrow (9), Alastair Marshall (10) & Harry Henriksen (12)	
2 West	46
Jack Patton (1), Ethan Carolan (5), Lewis Hannigan (6), James Connelly (7), Brodie Aitken (11) & John Docherty (16)	
3 North	103
Lucas Cairns (3), Blair Milne (13), Ben Cameron (15), Danny McPake (23), David Morrison (24) & Euan Rollo (25)	