

Pos.	Bib	Time	Name	Team	Club
1	51	11:08	Finlay Ross	East	Harmeny AC
2	52	11:08	Ross Dewar	East	Edinburgh AC
3	79	11:09	Lachlan Buchanan	North	Inverness Harriers AAC
4	55	11:10	Ewan Christie	East	Gala Harriers
5	91	11:13	Reuben Macdonald	West	Giffnock North AAC
6	58	11:17	Tendai Nyabadza	East	Harmeny AC
7	54	11:19	Struan Bennet	East	Fife AC
8	66	11:27	Shaun MacDonald	North	North Uist AAC
9	88	11:27	Robert Gray	West	Giffnock North AAC
10	56	11:28	Angus Wright	East	Team East Lothian
11	92	11:28	Stewart Millard	West	Cambuslang Harriers
12	84	11:30	Fergus Currie	West	Garscube Harriers
13	87	11:31	Fraser Gilmour	West	VP-City of Glasgow AC
14	93	11:34	Lewis Roddis	West	Cambuslang Harriers
15	94	11:34	Hugh Shiels	West	Giffnock North AAC
16	59	11:39	Alexander Douglas	East	Perth Strathtay Harriers
17	83	11:39	Matthew Burnside	West	Garscube Harriers
18	67	11:39	Sam Coull	North	Ross County Athletic Club
19	90	11:40	David Kirkpatrick	West	VP-City of Glasgow AC
20	68	11:45	Sam Burnett	North	Inverness Harriers AAC
21	81	11:47	Russell Barnett	West	VP-City of Glasgow AC
22	62	11:47	Patrick Milne	East	Corstorphine AAC
23	65	11:51	Ben Struthers	East	Corstorphine AAC
24	77	11:53	Reece Black	North	Shetland AAC
25	53	11:53	Kai Crawford	East	Aberdeen AAC
26	57	11:56	Connor Bell	East	Central AC
27	60	11:57	R Woodland-Broome	East	Edinburgh AC
28	95	11:57	Dylan Walton	West	Nithsdale AC
29	64	11:59	Ross Wolfenden	East	Lasswade AAC
30	61	12:00	Warren Lorente	East	Dundee Hawkhill Harriers
31	63	12:06	Hamish McKay	East	Aberdeen AAC
32	85	12:07	Jonathon Downey	West	Kilmarnock Harriers
33	69	12:08	Alex Jamieson	North	Inverness Harriers AAC
34	86	12:10	Rory Elliott	West	Cumbernauld AAC
35	71	12:11	Gregor Nixon	North	Inverness Harriers AAC
36	89	12:12	David Woods	West	Shttleston Harriers
37	72	12:26	Bruce Evans	North	Forres Harriers
38	80	12:32	Gregor Naughton	North	Deveron Harriers
39	70	12:35	Ruaridh Ellen	North	Ross County Athletic Club
40	74	12:37	Roy Taylor	North	Moray Road Runners
41	75	12:38	Samuel Bryan	North	East Sutherland AC
42	78	12:43	Bruce Newlands	North	Moray Road Runners
43	82	12:45	Daniel Boyle	West	Whitemoss AAC
44	76	12:48	Charlie Morrison	North	Stornoway Running & AC
45	73	13:02	Ben Webster	North	Inverness Harriers AAC

Team Result

1 East	30
Finlay Ross (1), Ross Dewar (2), Ewan Christie (4), Tendai Nyabadza (6), Struan Bennet (7) & Angus Wright (10)	
2 West	64
Reuben Macdonald (5), Robert Gray (9), Stewart Millard (11), Fergus Currie (12), Fraser Gilmour (13) & Lewis Roddis (14)	
3 North	106
Lachlan Buchanan (3), Shaun MacDonald (8), Sam Coull (18), Sam Burnett (20), Reece Black (24) & Alex Jamieson (33)	